KAUA'I COMMUNITY DRUG RESPONSE PLAN 2004 – 2009



YEAR ONE REPORT (JUNE 2004 – OCTOBER 2005)

Prepared by Kaua'i Planning & Action Alliance

November 4, 2005



A rising and alarming rate of substance abuse and drug-related crimes on Kaua`i prompted Mayor Bryan Baptiste to form four committees in early 2003 – drug prevention, treatment, enforcement and community integration to assist those leaving treatment or incarceration.

It was recognized that a comprehensive, coordinated and sustained island-wide approach was needed to stop the use of drugs – especially crystal methamphetamine (ice) in our community. It was tearing families apart, ruining lives, reducing work productivity and leading to a variety of other social and health problems.

The Mayor hired Roy Nishida as the Anti-Drug Coordinator. In October 2003, Kaua'i Planning & Action Alliance (KPAA) began to facilitate the work of the committees, in close cooperation with Mr. Nishida. Based on the input from the committees, KPAA wrote the *Kaua`i Community Drug Response Plan*, which was adopted in May 2004 by the Mayor and County Council.



Implementation of the Drug Plan

Five committees, composed of representatives of agencies, organizations, churches and community members, continue to meet to coordinate and oversee implementation of the Drug Plan in the areas of drug prevention, treatment, enforcement, and community integration. Each committee is chaired by a community member; meetings of each group are held generally once a month. An additional committee – the Drug Action Team – meets to assure coordination of all elements of the plan. It is composed of representatives of each of the four other committees. Kaua'i Planning & Action Alliance works with the committee chairs to plan meetings and the committee's work, and maintains committee communications.

Anti-Drug Coordinator Roy Nishida has a pivotal role in networking with national, state and local agencies and the community to implement the Drug Plan and align Kaua`i's efforts with those at the state and federal levels. He works with the Governor's office and with our legislative and congressional delegations, notably Senator Daniel K.

Inouye, with the support of Senator Daniel K. Akaka and Representative Ed Case, to secure resources to support the Drug Plan to combat substance abuse on Kaua'i.

In Summer 2004, Kaua'i was awarded a \$1.47 million federal grant through the U.S. Department of Justice's Community Oriented Policing Services (COPS) program to support our enforcement, prevention, and treatment efforts. Hawai'i Community Foundation assists with the management of these funds. State support in the amount of \$200,000 was secured, thanks to the assistance of Senators Bertha Kawakami and Ezra Kanoho and Representatives Gary Hooser and Hermina Morita. At the same time, community agencies and organizations applied for and secured other state and private funding to provide services to combat substance abuse.

Kaua'i Planning & Action Alliance continues to facilitate the work of each committee, working with the committee chair to determine the work plan of the group and maintain communications within and between committees.

This report is a summary of the dedicated efforts of Kaua`i individuals, organizations and agencies that have been working hard over the past year to stop substance abuse on our island. This is a fight that will take several years, but a solid foundation has been laid and initial results are very promising.



Drug Prevention

As the Drug Plan was being developed, it was determined that a more focused approach to the needs of each area of the island was needed as the risk factors for youth varied in each area. Goals were established for each area based on identified risk factors. Three groups, whose areas coincide with the three school complexes of the island, have been meeting to address their specific needs – West Side, Central and East Side. The goals and objectives for each area are outlined below, along with the accomplishments to date.

West Kaua`i

Goal 1. Reduce alcohol and drug use of people of all ages by increasing community awareness, preventing underage access, enforcing laws, and mobilizing the community.

Accomplishments/Progress:

- ➤ Coalition members employ various programs such as the SMART Leaders/Moves, Basic Tobacco Intervention Skills Certification and other programs to move youth to making better choices in the area of substance use.
- ➤ The coalition just completed the final year of three years of funding from a State Incentive Grant from Department of Health Alcohol and Drug Abuse Division (ADAD).
- ➤ Virginia Beck, CNP with the West Kaua`i Clinic promoted drug free messages with her campaign of 10X Healthier Babies project.
- ➤ Banners in the Waimea Theater to address the peer pressure associated with using alcohol.

Plans for Year 2:

- Continue to support and expand membership in the coalition.
- ➤ Provide opportunity for community to interact with speakers who can educate the community about the effects of drugs and alcohol.
- Expand the advertising in the community, such as running drug/alcohol free messages in the movie theater in Waimea.

Goal 2. Help youth and parents/guardians strengthen family bonds by creating opportunities for teens to contribute to the family, improve communications, and resist peer pressure.

<u>Accomplishments/Progress:</u>

- Provided coalition members with funding opportunities to offer events in our community to enable families to participate in other activities outside of school and work.
- ➤ Coalition bought theater tickets which include a small popcorn and a small drink. The tickets were provided to members of the coalition as a tool to be used to interact with the community, such as the police officers handing them out to youth as they talk story with them. Tickets are given to youth and their families who participate in community events such as the October 24, 2005 "Make a Difference Day".

<u>Plans for Year 2:</u>

- Expand the coalition to include more parents and youth from our community.
- ➤ Make our office space available to more community meetings events to allow for the capacity building of our entire community.

Goal 3. Promote youth social development by creating opportunities to bond with an individual who promotes healthy beliefs and clear standards.

Accomplishments/Progress:

- ➤ Provided for a total of 84 youth to complete the SMART LEADERS program with the Waimea Boy's and Girl's Clubhouse. The youth were able to complete the program with both pre and post testing completed.
- ➤ Nancy Zerner's YWCA Girlz Zone camping event in Koke'e was a success this year, with the coalition funding all of the west Kaua'i girls' fees to attend the camp.
- Project Graduation from Waimea High School has been a part of the coalition from the beginning and provides for the major event graduation night every year.

Plans for Year 2:

- Maximizing the use of resources in our community, such as starting a Youth Theater at the Waimea Theater after school.
- ➤ Participating in community events that allow for the message of prevention to be spread in the community, such as a large community dinner with a speaker.

East Kaua'i

Goal 1. Reduce alcohol and drug use of people of all ages by increasing community awareness, preventing underage access, enforcing laws, and mobilizing he community.

Accomplishments/Progress:

➤ We have established regularly meeting times, assignments, and conveners with regular attendance by a core group of people.

- ➤ Planned and implemented a Family Summit with approximately 1,030 people in attendance. Youth volunteers for the summit were approximately 70.
- ➤ Initiated, organized and coordinated Parent Project, Parent Project Teen and Parent Project, Jr. (Loving Solutions). Invited other areas to send people to be trained in the curriculum. Forty-six were trained from across the island; thirteen were trained from the East Side.
- ➤ Motheread/Fatheread was organized and people from all areas were invited to attend training. Sixteen were trained island-wide and four were trained from the East Side.

- Continue to meet on a regular basis.
- ➤ Two training programs are scheduled to begin in January Parent Project and Loving Solutions.
- ➤ Motheread/Fatheread training will begin in November.
- Support trainers with supplies, public awareness of programs and coordination.
- > Seek funding for programs, projects, and events.

Goal 2. Help youth and parents/guardians strengthen family bonds by creating opportunities for teens to contribute to the family, improve communications, and resist peer pressure.

Accomplishments/Progress:

- Family Summit will include teen volunteers to plan and carry out.
- > Teens will offer child care during parent curriculum trainings.
- ➤ High school students are tutoring in middle and elementary schools.
- Coconut Festival included teens and youth groups to plan and volunteer at the festival.
- Strengthened relations with organizations and churches to help create family-focused activities.

Plans for Year 2:

- Expand teen and youth group participation with Coconut Festival
- Continue to expand teen involvement and shared responsibility in community activities and parent training.

Goal 3. Promote youth social development by creating opportunities to bond with an individual who promotes healthy beliefs and clear standards.

Accomplishments/Progress:

- ➤ Prevention Convention held, sponsored by ALU LIKE, Inc. Approximately 100 attendees.
- ➤ SEAS (Smart Exercise After School), 57 youth to date, offered by Kahuna Valley.
- ➤ Aloha Peace Project offered at Kapa`a and Kilauea Elementary Schools.
- ALU LIKE, Inc. held camp at Koke'e State Park for youth; this will become an annual event.

Plans for Year 2:

- Kick off Mentor Ohana to link to youth with adult mentors from the community.
- ➤ Continue ALU LIKE camp, Aloha Peace Project, SEAS.
- ➤ Involve other programs offering bonding opportunities for youth and hold activities at a variety of locales.

Central Kaua'i

Goal 1. Support broad-based, interfaith, interracial activities for youth to increase youth and family attachment to the community.

Objective: Develop a Central Kaua'i Planning Committee and implement youth activities.

Accomplishments/Progress:

Several programs have been on-going or have been initiated for implementation in Fall 2005.

- Chiefess Kamakahelei Life Skills (on-going after school program) provided by the Kaua'i Economic Opportunity
- ➤ Boys & Girls Club Smart Moves
- > YWCA Girlz Zone
- ➤ Transportation expansion for youth activities
- ➤ Smart Exercise After School (SEAS)—57 Students at Island School (see report attached)

- Evaluation, continuation and possible expansion of above programs if we can find volunteer(s) to do this work.
- Goal 2. Reduce alcohol and drug use of people of all ages by increasing community awareness, preventing underage access, enforcing laws, and mobilizing the community.
 - Objective 2A: Investigate the following tested, effective programs for possible implementation: Casa Start, Stop Teenage Addiction to Alcohol.

Accomplishments/Progress:

- Investigated various best practices.
- ➤ Decided to focus on comprehensive approach which would integrate life skills programming at every grade level in the public schools in the Central Complex from kindergarten to grade 12, with Parent Project and Mentor Ohana programs to supplement and support school efforts and involve parents and community. (See below under Goal 3.)

Plans for Year 2:

See Goal 3, Year 2

Objective B:

Investigate the following additional strategies for implementation: Retailers-Continue to enforce Liquor Control Commission regulations; Educate adults about laws related to underage drinking, including host laws; Change laws –bring back Stop & Talk program; Increase law enforcement numbers; Develop Youth Coalition in Central area.

Accomplishments/Progress:

Committee invited Liquor Control Director Eric Honma to describe liquor enforcement program and how it works. It appears Liquor Commission and staff are doing their jobs in a conscientious and effective manner. Did not have time or volunteers to pursue other objectives. ➤ Given limitations, decision was to focus on Goal Three below as having the potential for the most long-lasting, far-reaching effects, including against alcohol use and abuse.

Plans for Year 2:

- ➤ If we can find a volunteer who is passionate about this goal, we could pursue the objectives hereunder.
- Goal 3. Enhance students' self-esteem, feelings of self-efficacy, ability to make decisions, and ability to resist peer and media pressure to increase their commitment to school.

Objective: Investigate the following tested, effective programs for possible implementation: Across Ages, Smart Leaders, Reconnecting Youth, Guiding Good Choices.

- ➤ We investigated best practices for accomplishing Goal 3, including the above-mentioned programs as well as ongoing, existing programs in the community.
- ➤ We developed the following criteria for the program that we felt would be most effective on Kaua`i:
 - ➤ The program would be integrated into the school curriculum on an ongoing basis and would reach every student in the system.
 - ➤ It would address DOE standards.
 - ➤ It would be motivational and engaging for the students.
 - ➤ It would involve parents and guardians
 - ➤ It would inspire young people to care about the community and provide meaningful, ongoing relationships with community leaders/elders/mentors.
 - ➤ It would promote ongoing activities that build self-esteem, create opportunities for growth and enhance future job possibilities.
 - ➤ It would be accountable for desired results
 - ➤ It would be cost-effective.
- ➤ Based on the above criteria, we put together the following program recommendation for the Central District using existing and new best practice programming:
 - ➤ Aloha Peace Project for grades 1 to 5

- ➤ Life Skills Program for grades 6 to 8
- ➤ Health/Life Skills/Financial Literacy for grades 9-12
- ➤ Mentor Ohana, a community mentoring program
- ➤ The Parents Project, skill building and support group for parents
- ➤ In June, 2005, made a presentation to DOE—Kaua`i District Superintendent Danny Hamada, Central District Renewal Specialist Barbara Baker and principals or vice principals from every school in the Central District.
- ➤ During the 2004-05 school year, the Aloha Peace Project delivered a 6-week program to ninety three 5th graders at King Kaumuali`i Elementary School, working actively with the administration and counselors at King Kaumuali`i. This year (2005-06) the Aloha Peace Project will provide four 3rd grade classes and five 2nd grade classes with a 3-week program.
- ➤ Three members of our Central District Committee were trained as Parent Project Facilitators, and classes were scheduled, but because parents have not been signing up, the Parent Project facilitators in Lihu'e have started speaking in various venues to let people know about the project.
- One teacher at Chiefess Kamakahelei has been certified to teach the Life Skills program.
- Mentor Ohana software was developed and publicity about the program has started.

- ➤ Develop power point presentation describing our process and our recommendation for a comprehensive, integrated approach to drug prevention in the Central District.
- ➤ Make presentations to any and every community group that gives us time: Rotary, PTSA's, church groups, government agencies, Chamber of Commerce, KEDB, etc. Goal is to educate and seek input about our recommendation, and if community finds it to be a good recommendation, to build public understanding of and support for program.
- ➤ Do the same with the Parent Project to encourage enrollment and participation in Parent Project course. Conduct parent project courses in the Central District during the year.
- ➤ Develop and enroll mentors and students in Ohana Mentor Program. Monitor and evaluate.

Community Fund and Healing Our Island Programs

Through the federal COPS funding, grants up to \$20,000 were made to about 20 nonprofit organizations to provide drug prevention programs and activities. A summary of some of these programs is included as Appendix 1.

State funds supported small grants of up to \$2,500 through the Healing Our Island Program. Nonprofits, churches and community groups developed a wide array of innovative drug prevention programs. A brief description of many of these programs is included as Appendix 2.



Treatment

Goal 1. Coordinate communications and services with planned on-island treatment facilities and promote additional facilities.

Objective 1A: Support the development of an adult residential treatment (13-33 beds).

Accomplishments/Progress:

- > Supported Calvary Chapel's successful efforts to secure zoning in Kapa'a and permits for its center for men with substance abuse problems.
- Discussed with YWCA possibility of a women's residential treatment facility.

Plans for Year 2:

➤ Provide support to operators planning to open high quality treatment facilities.

Objective 1B: Support the development of an adolescent residential treatment (12 beds) and therapeutic living facility (7 beds).

Accomplishments/Progress:

> Supported development of an adolescent residential treatment facility in Hanapepe. Permit has been approved, funds secured for equipment, and

- the program should be operational in March 2007. Request for Qualifications (RFQ) to secure an operator will be issued by the County soon.
- ➤ Volunteers have played an important role in the development of this facility. The following services were provided as in-kind for the project: architecture, environmental assessment, water infrastructure, expertise from the County's Building Division superintendent, clean-up services from the County Parks Division, and the Planning Department assisted with the use permit. The County Council supported the project.

- ➤ Monitor progress in development of adolescent residential facility.
- ➤ Invite operators to help brainstorm how to start an adolescent therapeutic living facility.

Objective 1C: Support the development of two adult therapeutic living facilities (male-4 beds, female-4 beds).

Accomplishments/Progress:

➤ Hina Mauka secured funding for a program, but no house or facility has been found.

Plans for Year 2:

> Assist in securing facility for this program.

Objective 1D: Support the development of an adult clean and sober home (5 beds).

- ➤ This concept has been discussed with an Oxford House representative, but no space has been found. According to current law, only 5 unrelated people can live in one house, so it is difficult to make this program cost effective on Kaua`i.
- Networked with successful clean and sober programs and received startup information, but no housing is available.

- Work with realtors and service organizations to try to secure commitments for facility for these programs.
- Work with county or state to secure land, then secure funds for construction and find a program to operate it.

Other Accomplishments/Progress:

- Supported the expansion of services at Ho'ola Lahui.
- ➤ Kaua`i Community Health Center (KCHC), East Unit provides substance abuse assessments for adolescents and adults and an Low Intensity Outpatient treatment group for adults clients from Drug Court, Driver's Education, CPS and other agencies along with self-referred individuals.
- ➤ Newly formed relationship between Mahelona Hospital and the KCHC to link clients from detox to treatment programs.
- ➤ Teen Care Centers will be operational at all high schools and middle schools, operated by Hina Mauka, providing school-based, low level substance abuse education and outpatient drug treatment for youth.
- Goal 2. Provide financial assistance to individuals to cover incidental costs of offisland residential treatment. (Note: this is a stop-gap measure until residential treatment can be built on-island or legislation changes to require increased insurance coverage for residential treatment.)

<u>Objective:</u> Develop criteria and process for distributing federal funds.

Accomplishments/Progress:

- ➤ Supported securing \$400,000 in federal funding and issuance of RFP.
- ➤ In September 2005, Hina Mauka was selected as contractor.
- Service has been offered to 2 adolescents and 3 adults are being processed, as of November 1.

Plans for Year 2:

- > Support continuation of funding for residential off-island treatment.
- > If funded, select contractor.

Goal 3. Develop a substance abuse help line to provide referrals and information to individuals and families in need.

<u>Objective:</u> Establish a 24/7 substance abuse help line that is coordinated with key community resources.

Accomplishments/Progress:

- ➤ Developed guidelines for the help line Request for Proposals (RFP); should go out to bid late 2005.
- ➤ Applied for funding for the cell phone and phone service needed to implement the help line.

Plans for Year 2:

- Request no cost extension for the program.
- Support funding for second year.

Goal 4. Educate the community on the causes and treatment of substance addiction.

Objective: Provide community education on the east, west, and north shore of Kaua`i. Hold interesting and informative presentations over a one year period.

Accomplishments/Progress:

- Workshops have been held for the faith-based community and Boys & Girls Club.
- ➤ Three sessions of the DOE Teachers Academy have been held to familiarize teachers and staff with signs and symptoms of drug use.
- ➤ About 20 businesses received training.
- Sports and youth groups have received training.
- Parents at Head Start were trained.
- ➤ DHS social services division staff that deal with the elderly and Office of Elderly Affairs were trained.
- ➤ In all, over 800 have participated in training.

Plans for Year 2:

➤ Continue training for government, business, youth, and the elderly.

Goal 5. Provide professional training opportunities for substance abuse counselors, mental health professionals, and social workers.

Objective: Provide training once a quarter for a 12-month period.

Accomplishments/Progress:

- ➤ The first session was offered June, organized by Mardi Maione.
- An assessment of professional training needs is underway.
- ➤ Additional training will start early 2006.

Plans for Year 2:

- > Request no-cost extension of program.
- ➤ Provide training at least monthly through June 2006.



Enforcement

Goal 1. Monitor and support lobbying efforts that support drug enforcement, support intervention programs, and eliminate inconsistencies in the law.

Objective:

Monitor four specific issues of concern (Act 161, wiretap laws, walk and talk, and drug paraphernalia) during the 2004 and 2005 Federal, State, and County Legislative sessions.

- ➤ Currently working with State Law Enforcement Coalition on legislative lobbying for changes in laws regarding consensual encounters and wiretapping.
- Last session, legislature approved use in state cases of evidence gained through federal government wiretaps.
- Goal 2. Identify and secure funding for law enforcement and support funding for intervention programs.

Objective 1: Secure funds for one additional personnel in the Prosecuting Attorney's office.

Accomplishments/Progress:

➤ COPS funds were approved to hire a prosecutor designated for drug cases.

Objective 2: Secure funds to support Kaua'i Police Department's drug task force.

Accomplishments/Progress:

➤ COPS funding secured to support enforcement and intervention. In addition, in October funds seized by the IRS were provided to KPD.

Objective 3: Support the efforts of "Friends of Drug Court"

Accomplishments/Progress:

Friends of drug court are active and raising funds for program costs, incentives and graduations.

Objective 4: Support the efforts of Kaua'i Teen Court in securing longterm funding.

- ➤ Teen Court is operated by Hale 'Opio, Inc. Funding through June 30, 2006 was provided by the Prosecutor's Office, with support of County Council.
- ➤ State funding is being sought for FY07 through State Judiciary. The support of Kaua`i's legislative delegation is being requested.
- ➤ 276 referrals were received from KPD, 189 cases were heard and 139 respondents completed sentencing requirements, which cleared their records. Others are still in process.
- ➤ 61 kids completed 256 hours of class time.

- Goal 3. Prevent illegal drugs from entering Kaua`i at all points of entry, including harbors, airports, and postal services.
 - **Objective 1:** To identify significant points of entry and provide containment measures.

Accomplishments/Progress:

- ➤ HAIDA is trying to develop partnerships with the Coast Guard, USPS, and law enforcement. This is still in development.
- Goal 4. Provide an effective way for the community and police to work together to curb illegal drug activity on Kaua`i.
 - Objective 1: To increase community awareness of the criminal justice system and improve police procedures in responding to community reports regarding illegal drug activity on Kaua'i.

- ➤ KPD created a Drug Hotline and many calls from the community have been received. The tips are then acted on by police.
- ➤ State Attorney General's office has established a nuisance abatement hotline (No Meth). An investigator from that office follows up on calls. No cases from Kaua`i have been acted on yet.
- Currently working with State Narcotics Agency to get a Narcotics Officer on Kaua'i.
- Goal 5. Educate the community on the role of law enforcement, intervention programs, and the criminal justice system.
 - Objective 1: To develop a 30-50 minute video to air on Ho`ike to increase community awareness and to encourage individuals to report illegal drug activity in their neighborhoods.

Accomplishments/Progress:

➤ Weed and Seed program involved police in community education program (see County Anti-Drug Efforts section.)

KPD Indiction Accomplishments:

NARCOTICS ENFORCEMENT UNIT INVESTIGATIVE SERVICES BUREAU

NEU STATISTICS July 04 - October 28, 2005

Drugs Confiscated (Weight = Grams)

NOTE: 28.3 grams = 1 oz.

G	Total (grams)
Marijuana Plants	9,416
Marijuana (Proc)	18,818.51
Cocaine	279
Heroin	109.3
Methamphetamine	2,708.90
Amphetamine	0
Pills/Tablet	174
Ecstasy	1
Others	0
Steroids	100ml
Others	0
Totals	21,915.71

Seizures

	Total
Vehicles	31
Currency	\$218,609.00
Clandestine Laboratory	1
Search Warrants	132
Weapons	
(firearms, illegal weapons, etc.)	27
Persons Arrested	313

Self-Initiated Cases Investigated

•	Total
Unlawful Trafficking of Meth	
Promoting a Dangerous Drug 1ST	
Promoting a Dangerous Drug 2ND	115
Promoting a Dangerous Drug 3RD	132
Promoting a Harmful Drug 1ST	0
Promoting a Harmful Drug 2ND	0
Promoting a Harmful Drug 3RD	7
Promoting a Harmful Drug 4TH	5
Promoting a Detrimental Drug 1ST	4
Promoting a Detrimental Drug 2ND	12
Promoting a Detrimental Drug 3RD	63
Drug Paraphernalia	151
Commercial Promotion of Marijuana 1ST	2
Commercial Promotion of Marijuana 2ND	1
P/CONT SUB	0
P/INTOX COMP	0
Firearms	29
Others	62

TOTALS 610

<u>Drug Court - Additional Accomplishments:</u>

- Drug Court is operational and has held 3 adult graduations, for a total of 13 graduates
 - ➤ At graduation, all were employed or in school
 - > 0% recidivism since September 2004
- > Juvenile Drug Court has just been launched; no clients yet
 - ➤ Finished federally funded training for juvenile drug court staff and associated criminal justice agencies.

Drug Court - Plans for Year 2:

- ➤ More staff being hired so can have more clients substance abuse counselor and 2 probation officers
- > 28 clients now
- Will publicize juvenile court to education officials and public; will seek referrals



Community Integration

- Goal 1. Develop "store-fronts" or one-stop shops where ex-drug users can make a transition to a drug-free life in their own communities.
 - **Objective 1A:** To support the successful development of the Aloha Church Storefront in Lihu'e.

- ➤ The Aloha Church storefront Crossroads was funded and began operation July 2004.
- ➤ A part-time case manager has been hired.
- ➤ Partnerships were formed with KEO, Alu Like, WorkWise, and other churches.
- ➤ Programs being offered: referral to social services in the community, referral to job trainings at KEO, and exit planning for prisoners who are interested in developing a community support system.
- ➤ Other help offered: Provide mailing address and phone number for employers, computer classes, showers for homeless to get ready for job interviews, food pantry, clothes closet for men and women, job interview preparations, resume writing, job search assistance, comprehensive intake to determine clients and families' needs, referrals to community agencies.
- ➤ Of the 41 clients served July December 2004, 26 were adults and 15 were teens.
- ➤ Seven (7) ex-inmates of KCCC were served. Four have not returned to jail, there has been no contact with the other 3 for the past 8 months. At least 2 are currently employed.
- ➤ Twelve (12) homeless clients were served. Five (5) now have housing, there has been no contact with 6; another is leaving a domestic violence situation.
- ➤ Of the adults taking computer classes, 3 are seeking new work, 3 are gaining skills to enhance their current job, and 8 are participating in adult education courses.
- ➤ Of the youth served, all live in high risk areas with exposure to drugs. Youth received tutoring, computer and life skills. Thirteen (13) are drugfree, one has stopped using drugs, and one continues to use. All who took

a post-test survey reported classes helped them make positive choices and they were helped by having someone believe in them.

Plans for Year 2:

- ➤ More frequent visits, once or twice a week to KCCC beginning September 2005.
- ➤ Build one-on-one relationship with inmates at KCCC
- ➤ Mentor ex-inmates at Aloha Church.
- ➤ Aloha Church will continue to reach out to youth and adults.
- ➤ Will seek technical assistance to get computer lab back online.

Objective 1B: To secure funding, and support the successful development of the storefronts to serve Westside and Eastside communities

Accomplishments/Progress:

- United Church of Christ (UCC) has received funding from G.N. Wilcox Trust and Vidinha Foundation to begin storefront operations and hire a navigator.
- ➤ They plan to partner with KEO, Alu Like, WorkWise, Nana's House, Ho'ola Lahui, Hale Ho'omalu, other churches and other community agencies.
- ➤ They hope to develop working relationships with Prison Fellowship, KCCC and the Kaua'i Intake Service Center.
- ➤ Project will include information on services: aftercare, storefront, navigators. First six months identify and train volunteer navigators.
- UCC Community Integration Committee has interviewed candidates for the Navigator position and expects to fill the position soon.
- > An operational center for the project is being sought.

Plans for Year 2:

Begin operation of East Side and West Side storefront program.

Goal 2. Identify and train "navigators" who will work with ex-drug users leaving treatment and/or incarceration until they are solidly integrated into the community.

Objective: Identify and train five volunteer navigators per storefront to assist paid staff in providing information and support to clients over a two to five year period.

Accomplishments/Progress:

- ➤ Two training programs have been offered that should lead to identification of volunteer navigators. Paul Ochoa and others recently offered a multi-session program for faith-based leaders that was very well-received.
- ➤ Kaua'i Community College recently offered a training program for Outreach Workers; training leads to certification. The trainees are a possible source of navigators, and volunteer opportunities are now being identified.
- Prison Fellowship has identified mentors to work with those leaving prison.
- ➤ Kaua`i Island Ministries helped promote Dr. Zimmerman's prison ministry training. Each attendee received a certificate and training met the requirements and approved by Dept. of Public Safety for prison volunteers.
- ➤ A grant was secured to bring in Dr. Zimmerman. They provide programs within the prison, make referrals. About 30 people were trained.
- ➤ Department of Public Safety offered volunteers training on Oct. 7-8 2005; 65 people attended the Friday training; 35 volunteers completed the training on Saturday. Training is required every 3 years for volunteers to be allowed to work in the prison.

Plans for Year 2:

➤ Aloha Church and UCC are developing new programs – new coordinators will be responsible for developing training program for navigators.

Goal 3. Identify and work with community-based and faith-based organizations to provide community integration support services.

Objective: Identify and train six churches (Year 1) and 12 churches (Year 2) to provide support services to ex-drug offenders.

- ➤ More than six churches have participated in training to assist them in working with prisoners and ex-prisoners, such as the program offered by Dr. Zimmerman.
- ➤ A number of churches will continue to provide support to families and integration assistance. Lihu'e Missionary Church, Kapa'a and Kalaheo Missionary Churches, Aloha Church, and New Hope these churches have already taken an active role in providing food, monetary support, housing, and jobs. Their services are available to everyone. The churches are assisting and holding those they assist accountable.
- ➤ Clergy/minister's groups are encouraging additional churches to provide services. Congregations may also be encouraged to help by hearing the stories of ex-users who share their experiences.
- Community-based programs such as Ho`ola Lahui offer family support services in preparing clients for re-entry. A list of Kaua`i's anti-drug services are listed on the County's website (www.kauai.gov/Default.aspx?tabid=204).
- Church websites are being used for outreach and linkages to other organizations.
- ➤ KCCC has 21 religious classes offered weekly.
- ➤ Aloha Church established the Crossroads program for ex-drug offenders and the homeless.
- ➤ Kaua'i has 11 UCC churches their goal is to have all UCC churches agree to support the program.
- > KEO has hired a former pastor as a staff member.
- ➤ Individual volunteers from the following churches are offering mentoring and other religious programs:
 - Jesus Saves Mission
 - ➤ Lihu'e Missionary Church Prison Ministry (LMCPM)
 - ➤ Kaua`i Bible Church
 - ➤ Jehovah's Witness
 - Cleansing Stream Ministry: New Hope
 - ➤ United Methodist Church
 - God Can Christian Center
 - Kaua'i Bible Christian Center
 - Kaua'i Christian Fellowship
 - ➤ Aloha Church
 - ➤ Lighthouse Christian Church

- Calvary Chapel
- ➤ Hope Chapel South Shore
- Maranatha
- Kapa`a Missionary
- ➤ North Shore Calvary
- Waioli Huia Missionary Church
- St. Catherine's Roman Catholic Church
- > Immaculate Conception Roman Catholic Church
- ➤ An application has been submitted for a prisoner re-entry grant that would help pull all services together.

- Greater cooperation among all the churches and organizations providing integration services.
- ➤ As the number of service providers has expanded, need to better coordinate all the various groups.
- Form a working group to minimize duplication of services. Learn about different models. Look at how all the pieces fit together.
- ➤ Integration Committee will continue to be the planning and coordinating group.
- Goal 4. Work with Kaua`i Community Correctional Center to help ex-offenders develop exit plans that will ensure their successful community integration and support families in the process.
 - **Objective:** Assist 40-50 KCCC inmates in developing exit plans prior to their release each year.

- > Several organizations are either offering programs at the jail or planning to offer programs.
- ➤ Level 2 substance abuse treatment funded by Salvation Army is offered within KCCC as an outpatient treatment program.
- > Services continue as an aftercare program upon the prisoner's release. This program assists them with their probation and parole programs.
- ➤ Other programs currently offered at KCCC include anger management, vocational skills training, drug treatment, cognitive skills training, and a GED program.

- ➤ Work with intake prisoners (pre-sentencing) as primary target group.
- ➤ Continue to explore other successful models and determine replicability.
- ➤ Work with KCCC to develop a formalized exit planning process that works with prisoners from entry to release to prepare them for community integration. Incorporate issues such as housing, job training and readiness, employment, transportation, etc.
- ➤ Initiate the SKIP program and Hope, Health & Healing for women being released from prison.



County Anti-Drug Programs

Prevention & Support Programs

> Speed and Quickness Clinics were held at the three high schools

Football 450 Participants
 Volleyball 300 Participants
 Baseball 100 Participants
 Soccer 250 Participants

- The Speed and Quickness program has grown into a six month program in the three High Schools. Speed and Quickness Hawai'i, a nonprofit, received funding to do a six month program from October to March. Opening day of the Speed and Quickness Clinic at Kaua'i High School trained 150 students. The program will also include mentoring by the University of Hawai'i Athletes, and a nutrition component.
- ➤ Sassy Magazine has developed a Teen Board made up of teenagers from the three high schools. We receive over 1,200 magazines each quarter, to be distributed among our Kaua'i high schools.
- ➤ Teachers Academy I and II trained 150 Department of Education teachers, educators and other school staff members on drug recognition and how to recognize signs of drug use and abuse in the behavior of students and coworkers.
- ➤ The agencies that deal with our aging populations also asked for training on drug recognition and behavior for the grandparents that are now raising grandchildren.

- ➤ "Movies in the Park" has been a very successful project. Over 3,000 people attended the showings in our parks, held in communities throughout the island.
- Family Summits, in partnership with the Department of Education, provided parents and families with information on services available for raising safe and healthy families, in an activity oriented setting.
 - ➤ The West Complex 535 participants. Included interactive family activities.
 - ➤ The Central Complex 700 participants. FBI provided information on child predators and how they operate. They also shared suggestions how we can protect our children and families.
 - ➤ The East Complex 1,200 participants. Provided hands-on information booths, including a drug presentation and display by Keith Kamita, State of Hawai'i Narcotics Agency Chief.
- We continue to partner with various community groups.
- Promoting and registering participants for the Parent Project, offering classes to all parents who struggle to hold the line. Curriculum is geared to changing destructive adolescent behavior. Parent Project classes offered and scheduled for the West, Central and East districts.
 - ➤ West Side Fall classes (September November 2005)
 - 9 parents registered, 5 to graduate
 - > 11 teens registered, 7 to graduate
 - Winter classes (January March) scheduled in West, Central, and East areas.
- ➤ Coordinating **Loving Solutions**, a parent's guide to raising tough kids ages 5 10 years.
 - ➤ 6 facilitators trained
 - Classes to be offered to parents, schedule pending.

County Youth Activities Programs

<u>Background:</u>

The Offices of Community Assistance Recreation Agency has developed an after school program called Malama Na 'Opio. Goals of the program are to:

- Provide after school activities and transportation for youth from Kaua'i's Middle and High Schools.
- Work in partnership with other providers of existing activities for youth.

- Secure funding from various sources.
- Provide after school programs in five areas: North Shore, Eastside, Central, Southside, and Westside areas on Kaua'i.

- Programs are ongoing at Kapa'a Armory Eastside
- Programs are ongoing at Waimea Neighborhood Center, Hanapepe Neighborhood Center, Kekaha Neighborhood Center – Westside
- Recreation Center is established at Kalaheo Neighborhood Center –
 Southside
- Youth Center and Programs are established on the North Shore Family Center, Hale Halawai Ohana 'O Hanalei – North Shore
- ➤ Next area to be engaged Central
 - ➤ Classes available by area: (Note: Some of the classes are provided at the Neighborhood Centers independently. Some classes require a fee. Malama Na 'Opio classes are free.)
 - ➤ Eastside: Sewing, Cooking, Hula, Ukulele, Hip Hop, Recreation Room, Basketball, open play.
 - ➤ Westside: Sewing, Drumming, Cooking, Hula, Ukulele 1 & 2, Hip Hop, Recreation Room, Tahitian, Swimming, Homework, Athletes Who Rock Program, Arts and Crafts, Kajukenbo, Karate.
 - ➤ **Southside:** Recreation Center, Cardio Kickboxing, Hula, Step Aerobics, Kajukenbo, Taiko Drumming, Ukulele, Aikido.
 - North Shore: Computer Lab, Recreation Center, Youth Activities, Movies.
 - ➤ Central: Hip Hop, Hula, Karate, Kajukenbo, Tahitian.
- ➤ Participation: Since the beginning of the program, there have been approximately 120 youth participating in programs. We are currently in the recruitment stages for this program period.
- Afterschool Transportation Accomplishments
 - Worked with Department of Education (DOE) to transport students from schools to program activity sites using current DOE bus stops, pending the approval of the Kaua'i Bus entering DOE grounds.
 - ➤ Easement Agreement signed off by DOE to allow the Kaua'i Bus to establish bus stops at all public schools on the island.
 - Kawaihau District current routes at 2:45 pm from Kapa`a Middle School and Kapa`a High School to bus stops near programs at the Boys

- and Girls Club, the Kapa`a Armory, the Kapa`a Neighborhood Center, Kaua`i Children's Discovery Museum, and the All Saints Gym.
- ➤ Kawaihau District current routes at 5:00 pm to take kids home to Kapahi, Kapa`a, Wailua Houselots, Wailua Homesteads, Hanama`ulu and Lihu`e or to connecting routes to the North Shore.
- ➤ Receipt of 8 new vehicles to replace aging vehicles to assist with program needs. Another 8 vehicles are expected to arrive in February.
- ➤ A "Bus Day" was arranged with the Boys and Girls Club this past summer to familiarize youth with utilizing the bus system.

 Participants received a bus pass in a Kaua'i Bus lanyard as part of this promotion.
- ➤ Inquiries should be directed to the Transportation Agency of the County of Kaua`i.

Treatment Programs

- As a result of the Mayor's strong support and advocacy, an Adolescent Treatment facility in the Hanapepe area. The facility is currently in the design phase. Funding was secured to renovate the facilities, furnish the center, and make infrastructure improvements. The County will own the facility and a contractor will operate the program, expected to become operational mid 2007.
- ➤ Hina Mauka received Teen Care funds for all of the Middle and High Schools this year.

Waele A Ola Hou (Kaua'i's version of Weed and Seed)

- This program is a collaborative effort involving Law Enforcement, Community Policing, Neighborhood Restoration and Prevention, Intervention, and Treatment.
- ➤ The purpose is to develop a community based strategy to Waele (weed out) violent crime, gang activity, drug trafficking and drug related crime and Ola Hou, (plant the seeds for a new life, healing) by improving, revitalizing and restoring the town.
- ➤ Three towns were offered the opportunity to participate, based on community, County government, and Law Enforcement input.
 - Kekaha Waele A Ola Hou
 - > Team is fully engaged.
 - Officers elected. (temporary until charter adopted)

- ➤ Concentrating on community policing methods, to assist the Kaua'i Police Department in policing their community.
- ➤ Guardian Angels were invited to share their community policing program.
- ➤ Community suggesting and planning actions for "seeding" projects they would like Kekaha to have.

> Hanamaulu

- ➤ Core team small, yet eager to continue the strategy.
- Adopted their first weeding project (clearing the long term parked cars in their town).
- Creating a flyer to be distributed house to house, to spread the word and invite community members to get involved.

Kilauea

- ➤ Introduction to Waele a Ola Hou sparked interest.
- Community teams working on getting their groups involved.



Drug Plan Coordination and Implementation

Goal 1. Identify and secure sustainable funding for drug programs.

Objective 1A: Secure a consistent source of long-term funding for drug programs within two years

Accomplishments/Progress:

➤ Though no long-term source of funds have been identified yet, one and possible two more years of federal funding are anticipated to support Kaua`i anti-drug efforts.

Plans for Year 2:

Continue to explore options for long-term funding.

Objective 1B: Seek funding from new and existing government and private sources

Accomplishments/Progress:

➤ Several community programs received funds from SAMSA (federal) and ADAD (state) to support their anti-drug programs. Private foundations provided funds to some programs.

Plans for Year 2:

Continue to explore options for long-term funding.

Goal 2. Adopt a management system to coordinate implementation of the plan over the next two years, including measuring outcomes.

Objective: Obtain commitments to put this management system in place by May 2004

Accomplishments/Progress:

- ➤ The drug plan management system, composed of four committees each of which addresses a specific focus area (prevention, treatment, enforcement, or community integration) and a coordinating group, the Drug Action Team, composed of representatives of all committees, has worked well. Duplication is avoided through the Drug Action Team and many partnerships have been formed through the collaborative approach.
- Meeting agendas and notes of the previous meeting are distributed in advance to committee members. In addition, a schedule of all committee meetings is posted on the Kaua'i Planning & Action Alliance website www.kauainetwork.org.
- Most committee members have email, therefore most meeting materials are distributed via email. Meeting information is faxed or mailed to those without email.

Plans for Year 2:

> Strengthen the Enforcement Committee.

- Goal 3. Develop and make available information on drug-related community resources to help individuals and families.
 - Objective 3A: Create a printed, comprehensive drug-related community resource guide.

Accomplishments/Progress:

➤ Rather than print a resource guide that might soon be out of date, substance abuse resource information is on the County's website (www.kauai.gov/Default.aspx?tabid=204) and in Kaua'i Planning & Action Alliance's Directory of Community Organizations (http://kauainetwork.org/directory/). Online information can be easily updated as necessary.

Plans for Year 2:

- ➤ Keep resource information current.
- ➤ Publicize availability of information.

Objective 3B: Develop and maintain a website with comprehensive drug-related community resources.

<u>Accomplishments/Progress:</u>

- See Objective 3A above.
- Goal 4. Coordinate messages to the public to heighten awareness of the goals, activities, and outcomes of the *Kaua'i Community Drug Response Plan*.

Objective: Develop cohesive messages to articulate the various solutions to address the drug problem on Kaua`i, upcoming events, and opportunities for citizen involvement.

- Laulima Pacific, Inc. has met with citizen groups and businesses to educate them on drug identification and issues.
- ➤ The Drug Summit promotes opportunities for citizen involvement.

➤ The Drug Action Team will seek funding to develop and implement a comprehensive community awareness and education campaign.



Summary

While much has been done to combat and reduce substance abuse on Kaua'i since the Drug Plan was completed in May 2004, there is much more work ahead. Fortunately, this effort is supported by the Mayor and his administration, the County Council, nonprofit organizations, churches and many dedicated community members. We have made a great start. Continued support is needed from the community – to talk and work with youth to prevent drug use, to report suspected drug activity, to make referrals for those needing treatment, and to assist and support those integrating back into the community following their treatment or incarceration.

Kaua'i is slated to receive \$1.5 million in federal funding through the COPS program for Year 2 of our Drug Plan. Hawai'i Community Foundation will continue to manage the funds and Kaua'i Planning & Action Alliance will continue to work with the County Anti-Drug Coordinator and the dedicated committees and programs that have played such an important role in the progress achieved during the past year.



Appendix 1. Community Fund Programs

Among the programs funded by U.S. Department of Justice COPS grants were the following.

Aloha Church. Offering inmate re-integration services through its Crossroads storefront. Offers computer training and a job re-entry program for those leaving jail.

Alu Like. Substance abuse and violence prevention programs through camping and education activities, many planned by youth.

Boys & Girls Club. A Digital Arts Program at Kapa`a and Waimea was integrated into the SMART Moves curriculum for educational enhancement for 180 youth.

Hanalei Hawaiian Civic Club. An all-volunteer program offering tutoring, canoe paddling, strength training, and a drug and alcohol-free club to North Shore youth.

Kahuna Valley. Smart Exercise After School (SEAS) Program, a physical exercise and mental stimulation program for self care and awareness through creative activities.

Kapa`a High School. Fish hatchery project in cooperation with DLNR features hands-on learning and workplace readiness.

Kaua`i Children's Discovery Museum. Start Something program encourages youth to initiate community service projects.

KEO. Providing an afterschool life skills program for 155 students, in partnership with canoe clubs, Department of Health, Boys & Girls Club and others.

Laulima Pacific, Inc. Seminars for teachers and counselors offering an overview of drugs on Kaua'i and drug awareness training at Teachers Academy I and II.

Storybook Theater. The "Circus Comes to Town" program offered professional circus workshops and performances to 793 students and a "Big Top Day" for 750 attendees.

Waimea High School. Fitness/weight training club geared towards students who want to take better care of their bodies.

YWCA. A 5-day Girlz Dayz at Camp Slogett was held in July for 34 girls between the ages of 7 and 16. Girls attended the camp from all areas of Kaua'i.



Appendix 2. Healing Our Island Programs

Among the programs receiving Healing Our Island grants were the following.

Hanalei Hawaiian Civic Club. Sponsor of the Hanalei Canoe Club, offering family-oriented paddling and other athletic activities to all age groups from small children to seniors.

Hanama`ulu Town Celebration. Held in July 2005, more than 1,600 people attended this family event that brought together many old time residents and their family and friends to talk story and remember the good old days.

Hanapepe Heights Cliffside Park Project. This volunteer project is replacing an overgrown, neglected park with a playground, grass, sprinklers, restroom and drinking fountain.

Kapa'a High School – Project Grad. An overnight celebration for about 200 graduating students without drugs and alcohol, aided by over 80 adults.

Kaua`i Children's Discovery Museum. Start Something program for 6th-10th graders helps youth get involved in their own community and make changes.

Kaua'i High School Peer Mediation Program. 18 students and one teacher were trained in peer mediation techniques to help resolve campus conflicts.

Kaua`i High School – Project Grad. 256 graduated, 96% participated in this all night drug and alcohol free event staffed by 137 parent volunteers.

Kaua`i Keiki & High School Rodeo Assn. Hosted an awards banquet for rodeo contestants and family members with a DARE presentation on drug awareness and gangs, and Cub O' Ree, a drug free event for Cub Scouts of Kaua`i.

Kauai Lifeguard Association's Junior Lifeguard Program. Five week-long swimming and water safety sessions held at different beaches on island for youth 13-18 years.

Kauai Martial Arts, Inc. Summer self-defense classes for 60 children ages 6 to 15. Self-defense training is used as a tool to help youth be positive role models in the community.

Kilauea School. A creative movement program for sixty 5th and 6th graders helped students learn that dance is a way to create and communicate meaning and feeling.

KUGA – Kauai Underground Artists. Hip hop workshops for ages K-12 were offered 3 times a week for a month then a free hip hop jam was held.

Lihue Pop Warner. A 3-day festival with a teen dance, softball tournament and basketball clinic.

Nana's House Family Club. Weekend at Camp Sloggett scheduled for end of January will include presentation on substance abuse, smoking cessation, games, hikes, and fun activities.

Punana Leo o Kaua'i. Held its 3rd Annual Shoreline Fishing Tournament and raised nearly \$8,000 to support its Hawaiian language and culture programs.

Save Our Seas. A summer sea camp program for 90 students, and an outdoor marine science education programfor 40 students was held at Kula High, Intermediate and Elementary.

Waimea High School – Project Grad. A successful drug free, safe evening of celebration and fellowship was held for graduating seniors.

Waipa Foundation. Using its ahupua'a in Hanalei as the locale for a leadership and skill building program Ho'okumu Alakah'i, students farmed, learned animal husbandry, marketing and other skills.

West Kaua'i Youth Golf Program. What started as a youth golf program to build character and self-esteem has expanded to include community service activities and tutoring, along with a new partnership with Waimea UCC and other groups.