KAUA`I COMMUNITY DRUG RESPONSE PLAN 2004 – 2009



YEAR TWO REPORT (November 2005 – February 2007)

Prepared by Kaua'i Planning & Action Alliance

March 30, 2007 (revised)



In early 2003, newly-elected Mayor Bryan Baptiste fulfilled a campaign promise by launching a war against substance abuse on Kaua'i. He asked representatives of communities and organizations to serve on four committees to tackle the drug problem. The four committees are drug prevention, enforcement, treatment, and community integration to assist those leaving treatment or incarceration.

The goal was to create a comprehensive, coordinated and sustained island-wide approach to stop the use of drugs in the community, in particular crystal methamphetamine ("ice"). The use of ice was destroying families, ruining lives, increasing crime, reducing work productivity and leading to a variety of other social and health problems.

Roy Nishida was hired by the Mayor as the Anti-Drug Coordinator. In October 2003, in partnership with the County, Kaua'i Planning & Action Alliance (KPAA) began to facilitate the work of the committees in close cooperation with Mr. Nishida. Based on the input from the committees, KPAA wrote the *Kaua`i Community Drug Response Plan*, which was adopted in May 2004 by the Mayor and the County Council.



Implementation of the Kaua'i Drug Plan

Government agencies, nonprofits and faith-based organizations have all played an active role in the implementation of the County's Drug Plan. Five committees, composed of representatives of agencies, organizations, churches and community members, continue to meet to coordinate and oversee implementation of the Drug Plan in the four areas of drug prevention, treatment, enforcement, and community integration. Each committee is chaired by a community member; meetings of each group are held generally once a month. An additional committee, the Drug Action Team, which comprises representatives from each of the four committees, meets to assure coordination of all elements of the plan. Kaua'i Planning & Action Alliance works with the committee chairs to plan meetings and the committee's work, and to maintain committee communications.

Through the assistance of Senator Daniel Inouye and the rest of the congressional delegation, a federal grant from the U.S. Department of Justice's Community Oriented

Policing Services (COPS) was made available to Kaua'i agencies and programs through the Hawai'i Community Foundation. Year 1 funding (2004-2005) totaled \$1.47 million, while Year 2 funding (2005-2006) was approximately \$1.2 million. This, along with funding from the state and other public and private sources, provided valuable support in developing new anti-drug programs on the island.

A Drug Summit was held in November 2005 to report on the first year's progress on the County's fight against substance abuse. The accomplishments were reported, along with the challenges encountered in trying to reduce the availability of drugs, encourage prevention programs so that children and adults would not become abusers, and offer treatment and support programs for those needing assistance. It was clear that important first steps had been taken, but there was a long way to go to make the community both drug resilient and drug resistant.

Roy Nishida retired as Anti-Drug Coordinator at the end of December 2006, and Theresa Koki was hired as his replacement. Theresa brings her broad knowledge of the community to this important task.

Kaua'i Planning & Action Alliance continues to facilitate the work of each committee, working with the committee chairs to determine the work plan of the group and maintain communications within and between committees.

This report is a summary of the dedicated efforts of the many Kaua'i individuals, organizations and agencies that have been working hard over the past year to stop substance abuse on our island. This is a fight that will take several years, but a solid foundation has been laid and initial results are very promising.



Drug Prevention

In crafting the prevention element of the Drug Plan, it was determined that a focus on the unique challenges of each area of the island (West, Central and East, coinciding with the three public school complexes) was needed, as the risk factors for youth varied by area. Goals were established for each complex based on identified risk factors. Three groups were formed – West Side, Central and East Side – and they have been meeting to address their specific needs. The priority goals and objectives for Years 1 and 2 of the Drug Plan for each area are outlined below, along with the accomplishments to date.

West Kaua'i

Goal 1. Reduce alcohol and drug use of people of all ages by increasing community awareness, preventing underage access, enforcing laws, and mobilizing the community.

<u>Objective:</u> Investigate for possible implementation the following tested, effective strategies: Community Trials Intervention to Reduce High-Risk Drinking; Communities Mobilizing for Change on Alcohol.

Year 2 Accomplishments/Progress:

- ➤ Offered a Tobacco Cessation Class at Waimea High School under the guidance of Rebecca Smith. Posters were developed using youth in the high school. The posters used students of Waimea High School with messages that show youth in positive non-drug situations.
- ➤ Distributed drug-free literature at the Waimea Town Celebration. Conducted a survey of the attendees about perceptions of drugs in the community. Approximately 85% of respondents believed that drugs are a problem in our community. The number one drug identified as being a problem is alcohol. All survey participants were provided with a free movie ticket to the Waimea Theater, which includes a free small soda and small popcorn (called Drug Free Movie Tickets).
- ➤ Partnered with the West Kaua'i Community Association's (WKCA) Weed and Seed type of project in Kekaha. This is a community group concerned with the crime occurring in the community, targeting crimes due to drug use/sale. WKCA is exploring a partnership with Guardian Angels from O'ahu.

Measures of Success:

A survey by the Department of Health (DOH) Alcohol, Tobacco and Other Drugs (ATOD) that was done in 2003 provided the following data for Community Laws and Norms Favorable Toward the Problem Behavior: 6th graders = 42.4% (goal was 40%), 8th graders = 47.6% (goal was 47%), 10 graders = 41.2% (goal was 51.5%), 12th graders = 36.3%. A goal was set for decreased rates by 2006; decreases in all of the areas were evident.

Plans for Year 3:

- ➤ Partner with County Liquor Commission to pursue a share of the dollars available from State of Hawai'i, Department of Health, Alcohol and Drug Abuse Division to reduce underage drinking in the State.
- ➤ Schedule partnering sessions with State Department of Health in April 2007.
- ➤ Target community marketing tactics after obtaining another year of Drug Free Communities Federal Grant dollars.
- Use Waimea High School students to make posters for the community.
- ➤ Target tobacco, alcohol and other drugs for social norms change.
- ➤ Explore other funding opportunities to provide sustainability in the community for all prevention programs at the community level.

Goal 2. Help youth and parents/guardians strengthen family bonds by creating opportunities for teens to contribute to the family, improve communications, and resist peer pressure.

Objective: Investigate possible implementation of the following tested, effective strategies: NICASA Parent Project, Creating Lasting Connections (CLC)-for parents of 11 to 15 year olds, Guiding Good Choices-for parents of 8 to 13 year olds, Parents Who Care (PWC), Strengthening Hawai`i's Families Program.

Year 2 Accomplishments/Progress:

- ➤ At the Lighted Christmas Parade, Virginia Beck, LNP of the West Kaua'i Clinic organized a stroller brigade in the parade. A Workshop for participants was held at the Boys and Girls Club in Waimea. Virginia provided information about keeping drug free on the radio stations in her advertising spots and during her new parent classes.
- ➤ Two sessions of the Parent Project were completed at Waimea Canyon School. Parents who participated in the program were provided with an opportunity to interact with other parents with similar experiences and have continued contact with each other past the last sessions of the program.
- ➤ Glenn Kapahu of In Dis Life and Kane Turalde went to Moloka'i to visit Uncle Wade's treatment program, which offered an opportunity to see how others are finding success in using culture in their everyday interactions with youth.

Measures of Success:

➤ Data from the 2003 ATOD survey showed that 49.4% of 6th graders reported exposure to family ATOD use, which was a decrease from the prior year's 59.7%.

Plans for Year 3:

- ➤ Continue to encourage community partners to provide opportunities for families to interact in a drug-free environment, such as at the Boys and Girls Club (e.g., Ohana Night) and to attend movies using drug free movie passes purchased by the West Side Community Coalition.
- ➤ Expand use of drug free movie passes, which can be distributed by all community members that have contact with youth and families on the west side.
- Goal 3. Promote youth social development by creating opportunities to bond with an individual who promotes healthy beliefs and clear standards.

<u>Objective:</u> Investigate for possible implementation the following tested, effective strategies: Smart Leaders, Guiding Good Choices, Positive Action, Mentoring.

Year 2 Accomplishments/Progress:

- ➤ The Family Club at Nana's House continued to support outings with family members.
- > Smart Leaders provided at the Boys and Girls Club in Waimea.
- ➤ Girlz Zone camps provided girls with an opportunity to learn new skills. The 5-day camps at Camp Sloggett were led by Nancy Zerner and Rebecca Smith.

Measures of Success:

➤ In the 2003 DOH ATOD survey, the rates for "Favorable [youth] Attitudes Toward the Problem Behavior": 6th grade rate = 31.6%, 8th grade = 58.1%, 10th grade = 43.0% and 12th grade = 44.3%. It appears that the goal set for 10th graders was met if comparing the data from 2002 to 2003.

Plans for Year 3:

- ➤ Provide opportunities for youth to interact with other youth who do not have favorable attitudes towards antisocial behaviors.
- Encourage youth to participate in pro-social activities in the community (i.e., cleaning up trails and open areas) and reward them with incentives.
- ➤ Secure Year 6 of Drug Free Communities federal funding. Revise some of the budgeted items to target the Social Norms Marketing that occurs in the community. Help other Kaua`i groups secure similar grants/dollars.
- ➤ Explore other funding opportunities to provide sustainability in the community for prevention programs at the community level.
- Expand partnerships to include state-wide partnering with Recovery Works Inc. to develop a media campaign that can be used in the Waimea Theater prior to the start of movies. The media campaign will target prevention strategies identified by the West Side community.

East Kaua'i

Goal 1. Help youth and parents/guardians strengthen family bonds by creating opportunities for teens to contribute to the family, improve communications, and resist peer pressure.

<u>Objective:</u> Investigate for possible implementation the following tested, effective strategies: Guiding Good Choices, Creating Lasting Connections, Strengthening Hawai'i's Families, and Houston Parent-Child Development.

Year 2 Accomplishments/Progress:

- ➤ In 2006, East Side Drug Prevention Education Team sponsored several classes, presentations, and an annual, large-scale event all designed to strengthen family bonds.
- ➤ Sponsored and facilitated two 10-week Parent Project courses at Kapa`a High School and one 10-week course at Kapa`a Middle School.
- ➤ Simultaneously taught Choosing Life, Choosing Success, the teen component class that accompanies the parents' class.
- ➤ Held Loving Solutions classes at Kilauea School and one at Kapa`a Elementary, geared to younger children and their families.
- ➤ The annual large-scale Family Summit "Celebrating Families" was held February 4, 2006 and February 3, 2007 at Kapa'a High School. In 2006, 63

information booths representing a wide range of family services and associations were present under 20 tents donated by the Kapa`a Rotary. Attendees participated in activities for the whole family, and a stage with family entertainment and informative speakers was active for four hours. A free meal was served to all who attended. Food was provided by local restaurants as a donation to support the community and to help strengthen community involvement. Teens who participated in family activities were asked to complete evaluations; families were required to have representatives in the activity tents check off their card to participate in the door prize giveaway. Many teens participated as volunteers – from musicians on stage to assisting with setup, serving food, and cleaning up.

- Worked with the PTSA and pre-schools to make educational presentations for Guiding Good Choices, Motheread/Fatheread, Parent Project, and Loving Solutions. Guiding Good Choices classes were cancelled due to lack of training and materials; efforts will be made to rectify that in the coming year.
- ➤ Ohana Resources Kit project, which compiles critical information for families, began in October 2006, starting with the GRADS class at Kapa`a High School.
- Assisted in Movie in the Park program, which focuses on large-scale community gatherings. A free meal is included with the movie to help draw families, with the particular movie choice dictating the age group that attends these events.

Measures of Success:

- ➤ East Side Team sponsored educational classes and gatherings. Attendance statistics are as follows: Parent Project Classes: Kapa`a High School 13 teens and 11 adults; Kapa`a Middle School 4 teens and 7 adults; Loving Solutions classes: 8 10 adults (children attended in association with P-SAPP); Movie in the Park 500 participants representing over 200 families.
- ➤ Family Summit: Over 740 families completed evaluations and over 1,200 people were served a free meal. Teens were greatly represented in this effort through leadership groups, the National Honor Society, JROTC, All Saints Youth, LDS Youth, Interact, and others. Approximately 125 teens represented leadership groups and an additional 50 were involved in on-stage presentations.

Plans for Year 3:

➤ The East Side Team strategy will be the continuation of Parent Project and Loving Solutions classes.

- ➤ The Family Summit, which focuses on improving family relations, was already a successful event held in 2007.
- ➤ Ohana Night at Kapa`a Elementary School where participants are invited to play games as a family. One of these gatherings was already held in March of 2007; a Craft Night is planned to help support families and reduce conflict.
- ➤ Parent Project co-founder Susan Johnson plans to come to Kaua'i to help facilitate additional training for the teen program.
- ➤ The Hale Ohana O Kapa`a housing project has a teen section; we are planning a comprehensive series of programs, starting with Loving Solutions, Ohana Family Resource, Choosing Life Choosing Success, and Parent Project. Work is underway to link programs with other activities, such as crafts and family movie nights.

Goal 2. Promote early intervention literacy programs for the lowest achieving elementary school students.

<u>Objective:</u> Investigate the following tested, effective strategies for possible implementation: First Steps to Success, Preparing for School Success, Reading Recovery, Peer Assisted Learning Strategies, Baltimore Maryland

Year 2 Accomplishments/Progress:

➤ The East Side team used tutoring as a strategy to promote early intervention literacy programs to assist the lowest achieving elementary school students.

Masters Learning/Good Behavior Game, Children of Divorce Program.

- ➤ Worked with KPAA on the Community Volunteers in the Classroom program at Hanalei, Kilauea and Kapa`a Elementary Schools.
- ➤ Assisted Special Ed students and National Honor Society students as tutors to elementary school students.
- Assisted the Lions Club and its work in tutoring, along with parents and community members.
- Worked with Reading Mastery volunteers in Kilauea on workshops for parents to assist their children.
- ➤ Volunteers in Hanalei have the Bartens reading program strategies that the tutors use, supported by Rotarians and friends of through the school's VISTA program.
- Assisted in funding part of the Aloha Peace Project, which works with K-5 students at Kilauea and Kapa`a elementary schools with skill-building as well as literacy.

- ➤ Other early intervention support came from Tutu and Me, which started in May 2006 as traveling pre-schools, pre-school community-based transition programs such as KinderKamp, and pre-school parent meetings.
- Promoted Motheread/Fatheread with students from Kapa`a High School GRADS program and parents at Kilauea School as well as the Children of Divorce Program "Banana Splits" at Kapa`a Elementary School.
- ➤ Co-sponsored the "Increasing Protective Factors in the Era of Methamphetamine and Other Drug Use" workshop, which focused on prenatal and early childhood development and brought experts from Oʻahu. Over 100 participated, with representation from 10 major family service, prevention organizations, and associations on Kauaʻi that work with children.

Measures of Success:

- ➤ Motheread/Fatheread impacted 27 island families, with 42 people participating in the program.
- ➤ The Aloha Peace Project reached hundreds of children at Kapa`a Elementary School.
- ➤ Tutu and Me served over 60 families in Anahola and Kapa`a.
- Workshop on crystal methamphetamine was attended by over 100 participants from a variety of agencies and organizations.

Plans for Year 3:

- At Kapa'a Hale 'Ohana O Kaua'i Housing Project in April 2007, the East Side Team will start a comprehensive series of trainings including Loving Solutions, Ohana Resource Kits, Guiding Good Choices, and Parent Projects (which includes the teen component, Choosing Success, Choosing Life) in sequence for 28 weeks throughout the year.
- Continue working with Community Volunteers in the Classroom; Hanalei has 28 trained tutors – and others around the district – with 70 at Kapa`a Elementary.
- ➤ Held the "Understanding Poverty" workshop in Kilauea that presented tools to reduce academic failure beginning in late elementary school. Forty-two participants from 10 Kaua`i organizations represented a wide variety of family services affecting most sectors of our community as well as 8 schools (with 4 programs represented, including mental health).
- Assist Aloha Peace Project for K-5, Family Math Night at Kilauea School, Family Ohana Night, Guiding Good Choices, Loving Solutions at Hanalei School, and Homework Without Fears at Kilauea and Hanalei Schools.

Kapa`a Elementary PTSA will focus on upper elementary, working with county funds.

Goal 3. Promote mentoring, community service, social competence training, and family activities to build youths' sense of personal responsibility for self and community.

<u>Objective:</u> Investigate for possible implementation the following tested, effective strategies: Across Ages, Smart Leaders, Reconnecting Youth, Guiding Good Choices.

Year 2 Accomplishments/Progress:

- The East Side Family Summit "Celebrating Families," held February 4, 2006 and February 3, 2007, promoted a wide range of family activities and information designed to build youth's sense of responsibility for self and community. Youth involved included the Honor Society, Kapa`a Middle School students (including 40 ukulele band members), JROTC, KCCC's "Lifetime Stand" program, and various community organizations and church youth groups. Church youth groups volunteered for community service projects, provided child care, prepared gifts for Christmas, gathered food and collected gifts for those in need.
- Mentor Ohana and Smart Exercise ran at Kapa`a Middle School as an after school program, promoting social competence and helping to build youth connection to community.
- ➤ Smart Exercise was presented at Kilauea School for Career Day; Team Health made presentations to youth at various grade levels promoting self esteem and personal responsibility. During the summer, Team Health presented to 95 children at Lydgate Park.

Measures of Success:

- ➤ 2006 Family Summit: 740 evaluation forms completed; 1,200 meal tickets accounted for.
- ➤ Parent Project Adult & teen classes: 17 teens and 18 adults completed the 10-week course.
- ➤ Loving Solutions: 8 families participated, which includes PSAP support.
- ➤ Motheread/Fatheread: Kapa`a class included 8 teens.

Plans for Year 3:

- ➤ Collaborate with the County on after school and interim programs and contact Boys & Girls Club and Hale Ho`omalu to promote activities to help youth avoid friends who engage in problem behavior. Relationship with Hale Halawai is in process. Success has been achieved working with churches and creating activities through this pathway.
- Mentor Ohana's Career & Vocational Teen Mentoring Program is operating as an after school program at Kapa`a Middle School and will be expanding to Kapa`a High School. The Mentor Ohana Teen Radio (MOTR) series promotes positive activities and proactive friendships and will address problem behavior.
- ➤ Guiding Good Choices classes will be held at the elementary and middle schools, as well as at the low income housing project. This is a new strategy and a great opportunity to reach families in need. Additional funding will be sought.
- Another plan is to increase partnerships and participation in the Family Summit in order to expand the reach into the families that can truly be served by this offering. East Side plans to work with Hale Halewai to increase outreach and build a tighter bridge between organizations in the community.
- ➤ Funding and support will be sought for all parenting programs, which includes getting an island-wide coordinator as well as district-specific coordinators. A proposal for 5-year federal funding for the Drug Free Communities Support program will be prepared to secure a Program Administrator.
- ➤ East Side will work with KCCC to assist those leaving detention to help bridge reentry into the community. It will also start working with Ke Ala Hoku to teach parenting programs.
- ➤ A new goal will be to include the on-campus police School Resource Officer (SRO) into programmatic efforts. New partners will include faith-based groups and agencies such as Hale `Opio and Hina Mauka to broaden and unify more collaborative members.

Central Kaua'i

Goal 1. Support broad-based, interfaith, interracial activities for youth to increase youth and family attachment to the community.

<u>Objective:</u> Develop a Central Kaua'i Planning Committee and implement youth activities.

Year 2 Accomplishments/Progress:

- ➤ Efforts went toward building and sustaining the Parent Project one of the key elements of the comprehensive drug prevention long-range plan designed and advocated by the Central Drug Prevention Committee for the Central District.
- ➤ Parent Child Fair was held with 700 family participants (all ages and stages):
 - 27 agencies or resources
 - 8 performing individuals or groups.

Plans for Year 3:

- ➤ Recommend paid staff to successfully establish Parent Project. At least parttime staff is required to provide continuity in coordinating and supporting facilitators; scheduling classes; scheduling, noticing, and recording meetings; and promoting the program. A proposal for a federal Drug Free Community Support grant will be explored.
- ➤ Staffing recommendation extends to all of the proposed programs: Aloha Peace Project, LifeSkills, Parent Project, and Mentor Ohana.
- ➤ Re-constitute the committee and resume its efforts to present a "road show" to community groups (e.g., PTSA, Lions, Zonta, Rotary, Leadership Kaua`i) and to work on establishing the various programs in the plan.
- Goal 2. Reduce alcohol and drug use of people of all ages by increasing community awareness, preventing underage access, enforcing laws, and mobilizing the community.
- <u>Objective 2A:</u> Investigate the following tested, effective programs for possible implementation: Casa Start, Stop Teenage Addiction to Alcohol.

Year 2 Accomplishments/Progress:

- ➤ Loving Solutions 8 adults and 20 children
- ➤ Motheread/Fatheread 8 adults in first class, second class was ELL focused and had 10 adults
- > Parent Project 6 adults
- Choosing Success/Choosing Life 8 teens participated
- <u>Objective 2B:</u> Investigate the following additional strategies for implementation: Retailers - Continue to enforce Liquor Control Commission regulations;

Educate adults about laws related to underage drinking, including host laws; Change laws – bring back Stop & Talk program; Increase law enforcement numbers; Develop Youth Coalition in Central area.

Year 2 Accomplishments/Progress:

➤ The committee met to discuss the most relevant programs for achieving the objective and desired measures of success. The desired programs include the Parent Project, Loving Solutions, Aloha Peace Project, Mentor Ohana, and LifeSkills. A Powerpoint presentation was developed to inform agencies, organizations and community members the need and value of these programs.

Plans for Year 3:

- ➤ Work to realize and strengthen the desired programs over the next year.
- ➤ Present the Powerpoint "road show" throughout the Central area.
- Goal 3. Enhance students' self-esteem, feelings of self-efficacy, ability to make decisions, and ability to resist peer and media pressure to increase their commitment to school.
- <u>Objective:</u> Investigate the following tested, effective programs for possible implementation: Across Ages, Smart Leaders, Reconnecting Youth, Guiding Good Choices.

Year 2 Accomplishments/Progress:

➤ See Goal 2.

<u>Plans for Year 3:</u>

➤ See Goal 2.

Community Fund & Healing Our Island Programs

Through the federal COPS funding, grants were made to nonprofit organizations to provide drug prevention programs and activities. A summary of these programs is included as Appendix 1.

State funds supported small grants of up to \$2,500 through the Healing Our Island Program. Nonprofits, churches and community groups developed a wide array of innovative drug prevention programs. A listing of these programs is included as Appendix 2.



Treatment

Goal 1. Coordinate communications and services with planned on-island treatment facilities and promote additional facilities.

Objective 1A: Support the development of an adult residential treatment (13-33 beds).

Year 2 Accomplishments/Progress:

- ➤ U-Turn for Christ, located on the grounds of Calvary Chapel, established a 2-month residential Biblical discipleship-based treatment restoration (Phase I) program to help those addicted to drugs and alcohol and other habitual destructive behaviors. They also provided 6-month follow-up (Phase II) transitional housing.
- ➤ The U-Turn for Christ program served 32 men since July 2006 and offered counseling to spouses and family members of any age.
- ➤ Hina Mauka engaged a community outreach worker to develop a therapeutic living program while an adult residential treatment facility is being planned.

Measures of Success:

➤ U-Turn for Christ reports that 14 men completed Phase I; one man returned and repeated Phase I; 7 moved on to Phase II; one man "blessed out" of Phase II, is now gainfully employed and married; 18 men "walked" from Phase I and two men "walked" from Phase II; all other men remain in the program, are employed, participate in the community, and report for regular drug tests. The program reports the percentage rate of success is very high.

<u>Plans for Year 3:</u>

➤ U-Turn for Christ plans to build a multi-purpose room to be used as a cafeteria, study room, community disaster/emergency relief housing, and a place to host free community awareness concerts relating to drug/alcohol

- abuse. They will obtain a work trailer to facilitate community service cleanup efforts. They also plan to complete a resource guide offering referrals to women and youth, and to plant a taro patch, papayas, and bananas on two acres of their property.
- ➤ Hina Mauka plans to engage the community to address stigma associated with individuals struggling with substance abuse.

<u>Objective 1B:</u> Support the development of an adolescent residential treatment (12 beds) and therapeutic living facility (7 beds).

Year 2 Accomplishments/Progress:

- Community opposition and questions raised by the Office of Hawaiian Affairs (OHA) have delayed construction of the facility, planned for the old Humane Society site in Hanapepe
- ➤ The County will meet with OHA to share findings regarding questions raised about placement of the center at the site. The meeting date has not yet been set.

Plans for Year 3:

- Supporters and opponents will be reconvened to discuss the center and its location.
- <u>Objective 1C</u>: Support the development of two adult therapeutic living facilities (male-4 beds, female-4 beds).

Year 2 Accomplishments/Progress:

➤ Hina Mauka is currently in the planning stages for developing a therapeutic living program and working with the Drug Treatment Committee.

Plans for Year 3:

- ➤ Hina Mauka plans to engage the community to address stigma associated with individuals struggling with substance abuse.
- ➤ Hina Mauka plans to provide a therapeutic group home that has necessary pseudo-residential programming components that fit the needs of the clients.

Objective 1D: Support the development of an adult clean and sober home (5 beds).

Year 2 Accomplishments/Progress:

- ➤ See information on Ke Ala Hoku's Clean and Sober homes in the Community Integration section.
- Goal 2. Provide financial assistance to individuals to cover incidental costs of offisland residential treatment. (Note: this is a stop-gap measure until residential treatment can be built on-island or legislation changes to require increased insurance coverage for residential treatment.)

<u>Objective:</u> Develop criteria and process for distributing federal funds.

Year 2 Accomplishments/Progress:

- ➤ Hina Mauka developed criteria for distributing federal funds, following guidelines set by federal grant requirements. The carry-over funds were extended by Hawai'i Community Foundation Funds (HCF) until May 31, 2007. This was the second continuation of funds.
- CARE Hawai'i ADAD-ICM transported clients to the airport, paid airfare to residential treatment location, and assisted with purchase of emergency necessities. Upon completion of treatment, transportation costs were paid from facility to airport plus plane fare to Kaua'i.

Measures of Success:

➤ Hina Mauka reports the following data pertaining to its contract with Hawaii Community Foundation as of March 2007.

<u>ACTIVITY</u>	<u>ADOLESCENTS</u>	<u>ADULTS</u>	TOTAL		
Screened for Appropriateness for Services Number screened for					
treatment services	6	63	71		
Admitted to Services					
Number admitted	4	27	31		
Number currently in treatme	ent 0	6	6		
Number successfully dischar	ged				
or still in treatment	2	19	21		

- ➤ Hina Mauka reports that HCF funds are all-inclusive, covering client costs of prescription medication, ground transportation to the airport and pick-up from arrival at airport to treatment site, plane fare, plus substance abuse treatment. The HCF funding grant closes May 31, 2007.
- ➤ Regarding recidivism, there is a 6-month follow-up by providers who report back results to Hina Mauka; data are still being gathered.

Plans for Year 3:

➤ If there are carry-over funds, Hina Mauka will ask for a no-cost extension.

Goal 3. Develop a substance abuse help line to provide referrals and information to individuals and families in need.

Objective: Establish a 24/7 substance abuse help line that is coordinated with key community resources.

Year 2 Accomplishments/Progress:

➤ Funds and equipment for this program were sought, but could not be secured. This goal is currently tabled.

Goal 4. Educate the community on the causes and treatment of substance addiction.

<u>Objective:</u> Provide community education on the east, west, and north shore of Kaua`i. Hold interesting and informative presentations over a one year period.

Ho'ola Lahui Year 2 Accomplishments/Progress:

- Provided community education for ten students in the Hawaiian Immersion program at Kapa`a Middle School.
- ➤ Community education was shared with over 200 participants at Fun Run/Walks at Kekaha in August 2006 and Lydgate Park in January 2007.
- An additional 35 people received community education through family groups and individuals calling Ho'ola Lahui for information and referrals.

Hina Mauka Year 2 Accomplishments/Progress:

- ➤ Currently have five on-site counselors in each of the following schools: Kaua`i High, Kapa`a Middle, Kapa`a High, and Waimea High. In addition, the Teen CARE program has one training coordinator at Waimea Canyon Intermediate School.
- Community education is provided through the Family Program that currently meets Tuesdays.
- Adult Program expanded services by adding a Co-Occurring Disorders (treatment for both substance use addition and mental health issues) track.
- ➤ Clinical supervisor presented at Family Court. Topics were *Understanding the Dynamic of Substance Abuse and Its Impact to Individuals and Families;*Understanding the Recovery Process; and the Role of Treatment in Recovery.
- Adult Program staff spoke on Mayor Baptiste's *Kuleana* program, providing information on drug and alcohol addiction as a treatable disease and treatment services provided by Hina Mauka.

Hina Mauka Measures of Success:

➤ Twenty-five people attended the Family Court training.

Baby Safe, Child & Family Service Year 2 Accomplishments/Progress:

- ➤ Substance abuse early intervention program is open to pregnant women and those with babies up to 13 months old.
- ➤ Classes, curriculum, and services were offered to clients and their family members with regard to use of all substances.
- Assisted with well-baby checks, encouraged breastfeeding, and ran groups for women and their spouses covering substance abuse, relapse, recovery, parenting, nutrition, and tobacco cessation.
- Offered referral services and island-wide agency collaboration

Ho'ola Lahui Plans for Year 3:

- Educate an additional 30 Hawaiian students at different grade levels.
- Present information to another 30 students at Kapa'a Middle School.

<u>Hina Mauka Plans for Year 3:</u>

- ➤ Expand service delivery by adding a 5-day Intensive Outpatient Program (IOP) in 2007 to supplement the 3-day IOP (subject to approval of funding sources).
- Meet with professional organizations to provide drug education seminars.
- ➤ Develop a certified substance abuse counselor (CSAC) curriculum between Hina Mauka, Kaua'i Community College and Hawai'i Community College.

Baby Safe Plans for Year 3:

- ➤ Focus on prenatal mothers and their early enrollment.
- Expand outreach to ensure best health for mother and child.

Goal 5. Provide professional training opportunities for substance abuse counselors, mental health professionals, and social workers.

Objective: Provide training once a quarter for a 12-month period.

Year 2 Accomplishments/Progress:

- ➤ Kaua`i Planning & Action Alliance offered 11 training courses for Certified Substance Abuse Counselors (CSACs) and those working toward certification from December 2005 June 2006. One hundred thirty-three (133) individuals attended the training courses; most participants attended multiple courses.
- Child & Family Services (CFS) hosted three CSAC workshops in February 2007 in collaboration with the state's Alcohol and Drug Abuse Division (ADAD). Training focused on ethics and confidentiality of substance abuse records, all of which are required by ADAD to obtain and maintain CSAC certification. CFS also hosted a three-hour workshop on Dual Diagnosis in late 2006.
- A workshop on "Increasing Protective Factors for Children & Families in the Era of Meth" was offered in November 2006, attended by about 100 people.

<u>Plans for Year 3:</u>

➤ CFS will host a Video Teleconference in April 2007 on the topic of Dual Diagnosis.



Community Integration

- Goal 1. Develop "store-fronts" or one-stop shops where ex-drug users can make a transition to a drug-free life in their own communities.
- <u>Objective 1A:</u> To support the successful development of the Aloha Church Storefront in Lihu'e.

Year 2 Accomplishments/Progress:

- Crossroads, operated by Aloha Church, offered services that included intake, assessment, and personal progress planning with inmates and ex-inmates. Progress plans included goals for client and family members. The mentor-style program provided referrals and advocacy to meet stated needs.
- ➤ Forty individuals (30 women and 10 men) have received services.
- As of December 2006, all clients have remained free from subsequent arrest or incarceration; all are reportedly free from drug and alcohol use.

Plans for Year 3:

- Crossroads will support current clients and offer services to those currently incarcerated.
- Crossroads will collaborate with other agencies to provide comprehensive services to support clients in productive drug-free lives.
- ➤ Crossroads obtained additional funding through DOJ-COPS for the current year, including funds to hire a part-time male navigator.
- ➤ Crossroads will seek additional funds to cover basics like office supplies and phone service and will try to establish a fund for client needs such as bus passes, work clothing. etc.
- <u>Objective 1B:</u> To secure funding, and support the successful development of the storefronts to serve Westside and Eastside communities.

Year 2 Accomplishments/Progress:

➤ This objective has been tabled for the time being, as support services are offered through venues other than storefronts. See Goal 2 below.

Goal 2. Identify and train "navigators" who will work with ex-drug users leaving treatment and/or incarceration until they are solidly integrated into the community.

Objective: Identify and train five volunteer navigators per storefront to assist paid staff in providing information and support to clients over a two to five year period.

Year 2 Accomplishments/Progress:

- ➤ Ke Ala Hoku Community Integration Partnership with Kaua'i Association United Church of Christ was developed in November of 2005 to assist with the integration efforts on Kaua'i. Assistance was delivered through securing funding for Navigator Training to include training venue, materials, and the training facilitator. Training took place May 15, 2006.
- ➤ Training Outcomes: Training consisted of pre- and post-test regarding criminal thinking, motivational techniques, support vs. enabling, and questions regarding addictions.
- ➤ There were 40 potential navigators present for the training.

Measures of Success:

- ➤ Ke Ala Hoku currently has approximately 15 active navigators.
- ➤ Navigator outcomes are assessed through self-reports of interventions.

Plans for Year 3:

- ➤ Ke Ala Hoku is seeking funding for on-going quarterly navigator trainings. The community navigators or mentors are an important component of the community drug response plan and to the programs currently providing services on the island of Kaua'i.
- A bi-monthly navigator support group is beginning to emerge to assist community navigators with questions, ideas for appropriate referrals and interventions, and time to talk story.
- Goal 3. Identify and work with community-based and faith-based organizations to provide community integration support services.

<u>Objective:</u> Identify and train six churches (Year 1) and 12 churches (Year 2) to provide support services to ex-drug offenders.

Ke Ala Hoku Year 2 Accomplishments/Progress:

- ➤ Eleven Clean and Sober units have been created and are available; 7 units are for small families.
- Two Women's Homes have been established; children are allowed.
- Two Men's Homes have been established; children are allowed for overnight visits when appropriate.
- ➤ Currently 33 adults and 11 children are under roof in these homes and units.
- Approximately 10 other children are reuniting with their parents and may have overnight visits. An important aspect of the Ke Ala Hoku program is the goal of bringing families together and healing together.
- Approximately 22 other adults have been assisted; they are in the recovery process with 19 of their children.
- ➤ About 10 individuals did not follow through with referrals.
- ➤ Two individuals had a new arrest (recidivism) over non-drug related offenses, resulting in minimum jail time.
- Approximately 7 drug relapses have occurred while in a Ke Ala Hoku living arrangement, but quick intervention for 5 of the individuals resulted in getting them back on course.

Kaua`i Island Ministries Year 2 Accomplishments/Progress:

- ➤ Weekly discipleship training (Cleansing Stream Ministries) for Life Time Stand (LTS) program participants was offered once a week.
- ➤ One-on-one Bible study is held twice a week.
- ➤ Referral and Outreach services are provided to those who are out of prison.
- Quarterly concert or special events are held for LTS program participants.
- Provided approved reading materials and videos for KCCC library.
- ➤ Worked with other faith-based outreach programs including food served monthly to homeless/ex-inmates and their families, Movies in the Park, free clothing giveaway, Thanksgiving and Christmas dinners for the homeless/exinmates and their families, participate in Angel Tree project.
- ➤ Offered park ministry to the homeless/ex-inmates.
- > Trained volunteer teachers to work in weekly discipleship classes for LTS participants.
- Reached over 120 individuals currently or formerly in LTS program at KCCC.
- > Special holiday events drew from 150 to 450 people.
- Ex-inmates who participated in discipleship training at KCCC hold jobs, have fairly stable homes, and are involved in churches with their families. Some are being trained in various aspects of church ministry.

- ➤ Park Ministry volunteers see greater openness of people who seek counsel and a time of sharing.
- ➤ Three new volunteer teachers are assisting with the Cleansing Stream Discipleship Program.

Hope, Help and Healing Kaua'i (HHHK) Year 2 Accomplishments/Progress

- ➤ HHHK offered a Christian faith-based Sober Living Environment (SLE), also known as a Transitional House, for women to provide structure and long-term residency for those ready to undertake life-transforming changes. A 6-month minimum is recommended, with a stay of 12 months or longer preferred to absorb the basics in recovery living. HHHK is not a treatment program, but a future goal is to provide residential treatment.
- ➤ Since opening in February 2006, 8 women have been residents at various times throughout the year. Zoning constraints limit the number of residents to 5 at one time, even though the house can hold more comfortably. Most residents have children who are positively affected though indirectly by services provided to the mothers. (For example, one woman has 4 children and 10 grandchildren.)
- A couple of women have been temporary residents, but all others have accomplished multiple months of successful participation, which consists of full-time employment or school and part-time employment.
- ➤ Participants attend 4-5 approved recovery meetings per week in addition to following curfew, remaining clean and sober, and performing chores.
- ➤ In March 2007, HHHK will celebrate the following major milestones for the five women currently participating in the program and residing in the house: 3 months, 4 months, 5 months, 6 months, and 13 months.

CARE Hawaii, Inc. Year 2 Accomplishments/Progress:

- ➤ ADAD-ICM worked closely with numerous community organizations on Kaua`i to assist clients to obtain health insurance, become gainfully employed, provide emergency food for their families, find clean & sober housing, attend parenting classes, etc.
- ➤ Case managers worked with clients in applying for public assistance, completing community service, attending therapy to work out past and current issues, and finding community resources that can assist with emergency clothing, medication, utilities, rent, etc.
- Clients were introduced to the self-help community and required to attend at least three meetings a week during and after treatment.

<u>Ke Ala Hoku Plans for Year 3:</u>

➤ Ke Ala Hoku will seek funding to begin a work/live environment at the Green Garden in Hanapepe. The "Green Garden: A Fresh Start" program will provide small families that have proven their intent for a drug-free pro-social lifestyle the opportunity to work and live at the site.

Kaua`i Island Ministries Plans for Year 3:

- Train more teachers for the Cleansing Stream studies.
- Recruit more volunteers for faith-based outreach projects targeting the homeless and ex-inmates.
- Continue weekly programs at KCCC.
- ➤ Continue to provide special events at KCCC.

HHHK Plans for Year 3

- Attain a use permit to increase the number of residents for Transitional Living services in the Plantation house that is currently rented.
- ➤ Obtain additional funding to make necessary repairs to the house, continue operating, and increase services such as financial classes, anger management classes, and outpatient counseling.
- Goal 4. Work with Kaua'i Community Correctional Center to help ex-offenders develop exit plans that will ensure their successful community integration and support families in the process.

Objective: Assist 40-50 KCCC inmates in developing exit plans prior to their release each year.

Year 2 Achievements/Progress:

- Although there are various efforts among individuals to assist with exit planning, there has yet to be a viable and standard continuum of care proposed or in place.
- CARE Hawaii, Inc. completed drug assessments with client in the facility, referred client to residential treatment facility and placed client on waiting list for direct transition upon release.
- CARE Hawaii case managers met with inmate bi-weekly to inform and encourage client through stages of change, connected with client's family to

enhance transition to residential treatment, and continue working with client to complete treatment and re-integrate to community.

Plans for Year 3:

Exit planning within an appropriate continuum of care is a task that still needs to be developed and implemented with all stakeholders on board. A subcommittee to start generating this continuum, with stakeholders, is being proposed.



Joint Drug Treatment/Community Integration

In mid-2006, the Treatment and Community Integration Committee began meeting together, as they found their goals were closely aligned and interdependent. In addition to working on the goals in the Drug Plan, they chose to create two new goals.

Goal 1. Expand treatment services within the Kaua'i Community Correctional Center.

<u>Objective:</u> Develop and implement all levels of substance abuse treatment for all KCCC inmates needing services.

Year 2 Accomplishments/Progress:

- ➤ This objective is currently in the investigative stage. There are viable models within various correctional institutions throughout the United States that are considered within the framework of correctional best practices. Further, there are current efforts at the legislative level to appropriate funding for correctional rehabilitation and resources.
- ➤ To strengthen the current substance abuse treatment program at the Kaua'i Community Correctional Center (KCCC), the committee on integration researched gaps of treatment at KCCC. It was concluded that there is a need for a substance abuse program that would encompass all levels of substance abuse treatment in KCCC for both pre-trial and sentenced inmates. Furthermore, the need for a continuum of care once the inmate left the correctional setting and returned into the community was identified in order to continue with the treatment plan.

Plans for Year 3:

- ➤ The committee looked at a substance abuse program for the O`ahu Women's Community Correctional Center and concluded that a similar program would be beneficial to Kaua`i. This will be explored further.
- ➤ The appropriate stakeholders and service providers will be asked to come to the table for discussions regarding substance abuse treatment within the correctional setting.

Goal 2. Provide detoxification services within a continuum of care.

Objective: Develop drug and alcohol detoxification services.

Year 2 Accomplishments/Progress:

➤ Progress has been slow in finding partners to help establish detoxification services on the island.

Plans for Year 3:

➤ The Committee is hopeful to find a physician or agency willing to consider what might be necessary to begin the process of establishing a detox center/ambulatory detox or to work in conjunction with the hospitals to make detoxification services a possibility.



County Anti-Drug Programs

Prevention & Support Programs

- Parent Project. The County's Anti-Drug Program coordinates the Parent Project between the referral agencies and parents. Parent Project classes are scheduled every two months, with a rotation around the island to include the East, Central and West. Teen classes are held concurrently. Community partners continue to be encouraged to refer parents and teens. East (Kapa'a High School) Parent Project and Teen classes began in January 2007, Central (Kōloa Elementary School) class is scheduled for March 2007.
- ➤ Loving Solutions (Parent Project, Jr.) classes are offered through the elementary schools.

➤ Community Education. The Anti-Drug office makes available small grants up to \$2,500 for drug prevention events and programs through the "Healing Our Island" program. For a list of groups funded in 2006, see Appendix 2. Applications for the next round of grants were available in February 2007.

Waele A Ola Hou (Kaua'i's version of Weed and Seed)

- ➤ This program is a collaborative effort involving law enforcement, community policing, neighborhood restoration and revention, intervention, and treatment.
- ➤ The purpose is to develop a community-based strategy to Waele (weed out) violent crime, gang activity, drug trafficking and drug related crime and Ola Hou (plant the seeds for a new life, healing) by improving, revitalizing and restoring the town.
- ➤ Three towns were offered the opportunity to participate, based on community, County government, and Law Enforcement input.
 - o Kekaha: community policing continues, including monthly meetings with police representation. Team wears a printed t-shirt that identifies the effort. Drug education continues for the community, including adults and youth. Entertainment and refreshments are contributed by community partners.
 - Kilauea: drugs in the community continues to be their focal point.
 Community policing is ongoing. Activities include community partners.
 - o Hanama`ulu: the Hanama`ulu Housing Development Board is working on resident support. Activities linked with special holidays and events are held and also include community partners.
- ➤ The Anti-Drug Program coordinates with the Police Department to do the "weeding" portion of the Weed & Seed program. Kaua i Police Department Chief assigned an officer to be "in charge." Officers attend and participate in community meetings, providing guidance and expertise, building a community bond between officers and residents. Prosecutors support Waele A Ola Hou in their capacity of law enforcement and prosecution. One prosecutor has received federal designation.
- Community resources are utilized for the Seed portion of the Weed & Seed program. Drug education for the park communities is ongoing.

Youth Activities

Youth activities in the central area are ongoing. Līhu'e Neighborhood Center (NC) has maintained various after-school youth activities, such as hula. The

- programs primarily partner with the Boys and Girls Club after-school mobile activities and provide the old side of the center for the kids to participate in arts and crafts, homework, computer, etc.
- ➤ Isenburg Park is always filled with multiple users for soccer, baseball, flag football, softball. The basketball court is utilized by community basketball teams for practices and play.
- ➤ Puhi Park and basketball court is used for various sports practices.
- ➤ In Hanamaulu, Peter Reyno Park is used for softball, pony league, and little league play. At Kalepa Village, the County is in the process of soliciting for interest in hula classes.
- ➤ The County Recreation Department has large youth participation in classes that are ongoing at the Kapa'a Armory on Mondays, Tuesdays and Wednesdays that include Stage, Props and Sound System, Ukulele, Hula, Tahitian, Hawaiian Percussion and Tahitian Drumming.
- ➤ On the West Side, Waimea NC activities include a homework center Monday Friday, sewing and craft classes on Monday, ukulele classes on Wednesdays, Tahitian/hula classes on Wednesdays, cooking classes, hip hop dance and karaoke classes on Friday. Japanese classes are on Thursday, golf is offered Wednesday, arts & craft classes are on Tuesdays, and Science Project is offered the 1st Wednesday of every month.
- Hanapēpē has afternoon Kajukenbo on Monday/Wednesday. Cha-3 and judo are on Tuesday/Thursday. Gymnastics and tap dance are on Wednesdays. Boxing is taught daily. Wrestling is Monday, Wednesday and Sunday and youth free style dance is Tuesday, Wednesday and Thursday.
- ➤ Kekaha has Youth Performing Arts Class on Tuesday and Thursday, quilting/sewing class on Tuesday, Boys & Girls Club Outreach Tuesday and Thursday, and a Circle of Light after school program on Wednesday.
- ➤ The Kalāheo Teen Edge program is on hold with the construction taking place. It is anticipated the work will be completed by mid-April 2007 and the teen center will reopen. The days and hours will be the same Monday-Friday 2:30 6:30 pm.

Youth Transportation

- ➤ The County continues to provide transportation for after school activities. Beginning April 2, 2007, bus schedules will be servicing all five districts by incorporating bus stops/times in conjunction with youth programs. Route times start after school hours and stop at:
 - Waimea Canyon School
 - o Waimea Neighborhood Center (for Waimea High School)

- o Chiefess Kamakahelei School
- o Kaua`i High School
- o Kapa`a Middle School
- o Kapa'a High School
- Neighborhood Centers
- o Kapa'a Ball Park (Armory)
- o Ball Fields (youth sports)
- Cost is the regular bus fare of \$.75/trip on mainlines; \$.25/trip on shuttles for youth or \$15.00 per month for bus passes.

Hawai'i Speed & Quickness Programs 2006

A comprehensive program of Speed & Quickness activities was offered throughout the island, along with other events. A complete listing is included as Appendix 3.



Drug Plan Coordination and Implementation

Goal 1. Identify and secure sustainable funding for drug programs.

<u>Objective 1A:</u> Secure a consistent source of long-term funding for drug programs within two years

Year 2 Accomplishments/Progress:

➤ The Drug Action Team has discussed various options for sustainable funding for all drug programs, but no reliable source has yet been identified.

Meanwhile, it appears Kaua'i will receive one more year of federal COPS funding.

Plans for Year 3

- ➤ The East and Central Drug Prevention Coalitions will be submitting an application for 5-year funding through the federal DHHS Drug Free Communities Support Program.
- ➤ West Kaua`i Community Coalition is seeking funding for its sixth year under the Drug Free Communities Support Program.

Objective 1B: Seek funding from new and existing government and private sources.

Year 2 Accomplishments/Progress:

- Programs continue to pursue all opportunities for funding from public, corporate and private sources to support anti-drug programs.
- Goal 2. Adopt a management system to coordinate implementation of the plan over the next two years, including measuring outcomes.

<u>Objective:</u> Obtain commitments to put this management system in place by May 2004.

Year 2 Accomplishments/Progress:

- ➤ Kaua`i Planning & Action Alliance continues to work with individual antidrug committees and the Drug Action Team to coordinate implementation of the Drug Plan, to determine new goals or changes needed, and to gather information on accomplishments, progress and plans. Measures of success are reported at the Drug Summits, held approximately on an annual basis.
- Goal 3. Develop and make available information on drug-related community resources to help individuals and families.
- <u>Objective 3A:</u> Create a printed, comprehensive drug-related community resource guide.

Year 2 Accomplishments/Progress:

- ➤ This goal has been eliminated as it was determined that a printed resource guide might soon be out of date. Therefore substance abuse resource information is on the County's website (www.kauai.gov/Default.aspx?tabid=204) and in Kaua'i Planning & Action Alliance's Directory of Community Organizations (kauainetwork.org/directory/). Online information can be easily updated as necessary.
- <u>Objective 3B</u>: Develop and maintain a website with comprehensive drug-related community resources.

Year 2 Accomplishments/Progress:

- See Objective 3A above.
- Goal 4. Coordinate messages to the public to heighten awareness of the goals, activities, and outcomes of the *Kaua'i Community Drug Response Plan*.
- <u>Objective:</u> Develop cohesive messages to articulate the various solutions to address the drug problem on Kaua'i, upcoming events, and opportunities for citizen involvement.

Year 2 Accomplishments/Progress:

➤ While the need for funding to support this goal has been supported by the Drug Action Team, no funds have yet been designated for this purpose.

Plans for Year 3:

➤ Continue to advocate for a public awareness program to inform the community of progress in the island's anti-drug efforts and to make residents aware of the drug problem and services available.



Programs and services to support anti-drug efforts on Kaua'i increased dramatically in 2006. Through successful enforcement efforts, it appears that the availability and use of crystal methamphetamine has declined, but the war on this damaging drug is far from over. Moreover, other drugs threaten to emerge as new "drugs of choice." It will be important to continue to focus attention, energy and resources on the substance abuse problem. The island continues to be fortunate to have the strong support of the Mayor and his administration, the congressional delegation, the island's state legislators, the County Council, nonprofit organizations, churches and many dedicated community members. While modest progress has been made, this is not a time to be complacent. Prevention activities directed at youth remain the most cost effective and long-lasting opportunities. For those already caught in the web of substance abuse, new and stronger treatment and community integration programs will continue to be needed. And the dedication and vigilance of the law enforcement community will remain a key element in curbing the availability of drugs and punishing those who distribute drugs in our community. These are tasks in which all of us as community members have a role.



Appendix 1. Community Fund Programs

Among the programs funded by U.S. Department of Justice COPS grants were the following community prevention grants, issued through a competitive Request for Proposal process.

Alcoholic Rehabilitation Services of Hawai`i, dba Hina Mauka. To enhance outpatient school-based treatment services for activities that build social skills and demonstrate that youth can have fun and relate to one another in a positive manner while being clean and sober.

The Aloha Church Assembly of God. Inmate Reintegration Program that provides life-mapping services, pre-employment assessment, help with resume writing and job search and job skills training that helps inmates recently released from prison stay off drugs.

Kaua'i Economic Opportunity. After school program at Middle Schools in Kapa'a and Lihu'e using Life Skills Training, a nationally recognized best practice curriculum.

Kaua`i Police Activities League. Island wide athletics/recreational activities and drug-prevention education, in combination with mentoring from police officers and other adults.

Narcotics Enforcement Division. Educate businesses, especially hotels and vacation rentals about how to identify a drug lab and suspicious activity, the various chemicals and drugs used in meth production and the harm associated with exposure.

Storybook Theatre. To implement a media series to prevent teens from using drugs.

YWCA of Kaua'i. After school lifestyle education and substance abuse prevention program for girls ages 9-15. Modeled after a successful Canadian program.



Appendix 2. Healing Our Island Programs

Among the programs receiving Healing Our Island grants in 2006 were the following.

All Saints Episcopal Church

Coral Rose – Volunteer with Aloha Peace Project

Family Club Core Group

Hale Halawai 'Ohana 'O Hanalei

Ho'ihi Hui

Ho'oikaika Volleyball Club

J.U.M.P (Juveniles Use Media Power)

Janet Esaki – Counselor at Kapa'a Elementary School

Ka 'Ohana Punana Leo O Kaua'i

Kanuikapono, Inc.

Kapa`a High School & Kapa`a High School PTSA

Kapa'a Pop Warner Association

Kaua'i Good Beginnings Alliance Council

Kaua'i High School Project Graduation

Kaua'i Police Activities League (K-PAL)

Kaua'i Police Department, Youth Service Section, D.A.R.E

Kaua'i Underground Artists

Kekaha Pop Warner Football Association

Kekaha Youth Baseball Organization

Kilauea School

Koloa Pop Warner Association

Līhu'e Pop Warner Association

Love the Journey

Sacred Steps

Special Olympics Hawai'i-Kaua'i Area

The Kaua'i Lifeguard Association

Tres Hermanos de Kaua'i

Waimea Project Graduation

YWCA Girlz Zone

ZZ Youth Basketball Program



Appendix 3. Hawaii Speed & Quickness Programs 2006

Clinic Events	<u>Dates</u>	Location			
Volleyball Speed Camps Soccer	March 29, 30, & 31, 2006	3 High Schools: Kaua`i High School Kapa`a High School Waimea High School			
May Day Program UH Athletics & Coaches To speak to First Graders	May 19, 2006	Wilcox Elementary School			
Basketball Cheerleading Baseball	June 3, 4, 5, 6, 10 & 11, 2006	3 High Schools & Park: Kaua`i High School Kapa`a High School Waimea High School Isenberg Park			
Football	July 17, 18, & 19, 2006	Vidinha Stadium			
Coaches Clinic	July 17, 18, & 19, 2006	Kaua`i Beach Hotel			
Youth Sports Events (Office of Economic Development)					
Clinic Event	<u>Date</u>	Location			
Training for Coaches Steroid Use by Gary Shimabukuro of Laulima Hawai'i	May 18, 2006	Vidinha Stadium			
Drug Education for Līhu`e Pop Warner	August 16, 2006	Vidinha Stadium			
Drug Education for Līhu`e Baseball League	August 21, 2006	Vidihna Stadium			

UH Track Clinic West Kaua`i Business Assn.	December 6, 2006	Vidinha Stadium
Other Events		
Anti-Drug Sports Education Youth Clinic-NFL/Kaua`i Economic Development Board	February 9, 2006	Vidinha Stadium
Movies in the Park Līhu`e Baseball League	March 4, 2006	Līhu`e Baseball Park
Youth Summit		
Speaker: Mark Middleton	April 13, 2006	Kaua`i Marriott
Movies in the Park Līhu`e Baseball League	May 28, 2006	Līhu`e Baseball Park
Good Beginnings Alliance Speakers for Drug Awareness Workshop	September 6, 2006	Convention Hall